

The background of the slide is a photograph of a vast blue ocean under a deep blue sky. A faint rainbow is visible on the left side of the image, its colors blending into the blue of the water and sky. The text is centered over this background.

Strengths-Based Clinical Interviewing

Bob Bohanske, Ph.D.
Southwest Behavioral Health Services



The same skills with a new

FOCUS



**From: understanding
symptoms**

**To: understanding the
person who has symptoms**



**The person is not their
pathology**

rather

**a unique individual with
Needs and Strengths**

Symptom vs. Strength

- Diagnostic interview
- Talking about
- **Collaborative dialogue**
- **Talking with**

A wide-angle photograph of a calm ocean under a vast blue sky. A faint rainbow is visible on the horizon, its colors blending into the sea. The water is a deep blue with gentle ripples. The sky is a lighter blue with wispy white clouds. The overall mood is peaceful and expansive.

Basic Interviewing

A wide-angle photograph of a calm ocean under a vast blue sky. A faint rainbow is visible on the horizon, its colors blending into the sea. The water is a deep blue with gentle ripples. The sky is a lighter blue with wispy white clouds. The word "Environmental" is centered in the middle of the image in a white, sans-serif font with a thin black outline.

Environmental



Office arrangement

Your body position

Distractions

A full-page background image of a vast, deep blue ocean stretching to the horizon. The sky is a lighter blue with wispy white clouds. On the left side, a faint rainbow is visible, its colors reflecting on the water's surface. The word "Empathy" is centered in the middle of the image in a white, serif font with a subtle drop shadow.

Empathy



Positive Regard

**Responding to the client
as a worthy individual**

Respect

**Shown in your posture,
vocal quality, non-verbal
communication,
congruent comments**

Concreteness

**Makes the dialogue real
and in the moment, focus
on specifics rather than
general**



Immediacy

**Being in the moment
with the client ,
present tense**

Congruence

**Avoid mixed messages
in affect, thought and
non-verbal presentations**

A full-page background image of a vast, deep blue ocean under a clear sky. A faint rainbow is visible on the horizon line, adding a touch of color to the scene. The water has a textured surface with small ripples.

Authenticity

Genuineness

A wide-angle photograph of a calm ocean under a vast, deep blue sky. The horizon is visible in the middle distance, where a faint rainbow is visible on the left side. The water is a deep blue with gentle ripples. The sky is a lighter blue with some wispy clouds near the horizon.

Identifying Strengths





TRAITS

ACTIVITIES





